## Do you need help?



Website: www.wadecalliance.org

Addiction is a chronic disease simil ar to other chronic diseases such as type II diabetes, cancer & cardiovascul ar disease

### **Recovery IS possible!**

For more information, contact: **Greater Spokane Substance Abuse Council** (GSSAC) 8104 East Sprague Avenue Spokane Valley, Washington 99212 Phone: (509) 922-8383 www.gssac.org

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# Spokane County Drug & Al cohol Treatment Resources



# FIND THE HELP YOU NEED! You Are NOT Alone



Working Together Toward Safe Communities Free From Substance Abuse

Greater Spokane Substance Abuse Council (GSSAC) www.GSSAC.org

## CRISIS & EMERGENCY INFORMATION Talk to Someone Who Can Help

- First Call for Help 24 Hour Crisis Hotline (509) 838-4428
- 24 Hour Addiction Helpline 1 (800) 559-9503
- Spokane Crime Victim Service Center 24 Hour Crisis Center 1 (866) 751-7119
- Recovery Help Line 1 (866) 789-1511
- WA State Addiction Helpline 1 (800) 993-3869
   Spokane Helpline: (509) 624-4255
- Domestic Violence Hotline
   (509) 326-2255
- Regional Crisis Residential Center (509) 624-2868
- Vanessa Behan Crisis Nursery (509) 535-3155
- Military OneSource Counseling (800) 342-9647

- Parent-Child Assistance Program (PCAP)
   (509) 838-6092 Ext. 123
- Suicide Prevention Helpline 1 (800) 273-TALK (8255)
- Al-Anon Family Group/Alateen (509) 456-2125 www.wa-al-anon.org
- SAFeT 24-hour Sexual Assault & Family Trauma Crisis Line (509) 624-RAPE (7273)
- Child Protective Services (509) 363-3333
- Adult Protective Services (509) 323-9400
- Alcoholics Anonymous (AA) (509) 624-1442 www.spokanecentraloffice.com
- Narcotics Anonymous (NA) (509) 325-5045 www.newana.org



## Safe Places to Go

**Alexandria's House (Pregnant Teens)** 949 E. Augusta Ave., Spokane (509) 489-0349 Anna Ogden Hall Women's Shelter 2828 E. Mallon Ave., Spokane (509) 327-7737 **Crisis Shelter for Women & Children** 1234 E. Sprague Ave., Spokane (509) 535-0486 **Crosswalk Youth Shelter** 525 W. 2nd Ave., Spokane (509) 838-6596 **Field of Diamonds House of Blessing** Women and Children (509) 443-5717 Hearth Homes Women and Children's Shelter (509) 534-3873 **Hope House Women's Shelter** 111 W. 3rd Ave., Spokane (509) 455-2886 House of Charity 32 W. Pacific Ave., Spokane (509) 624-7821 **Household of Faith** 1528 W. Indiana Ave., Spokane (509) 990-0837 **Oxford Houses of Washington** (509) 434-6610

Salvation Army Shelter 204 E. Indiana Ave., Spokane (509) 325-6814 Spokane Dream Center Men's Housing (509) 624-2636 Women's Housing (509) 536-6444 St. Margaret's Shelter 101 E. Hartson Ave., Spokane (509) 624-9788 Truth Ministries 1910 E. Sprague Ave., Spokane (509) 456-2576 Union Gospel Mission Crisis Center Men's Crisis Shelter (509) 535-8510 Women's Crisis Center (509) 327-7737

Vanessa Behan Crisis Nursery 1004 E. 8th Ave., Spokane (509) 535-3155 Victory Outreach Church of Spokane 3011 E. Wellesley Ave., (509) 326-5328 YWCA Domestic Violence Helpline (509) 326-2255

## Drug & Alcohol Help

### **INPATIENT ADDICTION TREATMENT**

American Behavioral Health Systems (ABHS) 44 E. Cozza Dr., Spokane (509) 325-6800 12715 E. Mission Ave., Spokane Valley (509) 232-5766

Daybreak of Spokane Intensive Inpatient Program for Youth 628 S. Cowley, Spokane (509) 624-3227 Ext. 26 www.daybreakinfo.org

Excelsior Youth Centers, Inc. 3754 W. Indian Trail Rd., Spokane (509) 328-7041 www.excelsioryouthcenter.com

Healing Lodge of The Seven Nations 5600 E. 8th Ave., Spokane (509) 533-6910 <u>www.healinglodge.org</u>

Isabella House (New Horizon) (Long Term Women/Children: 190 days) 2308 W. 3rd Ave., Spokane (509) 624-1244

**Pioneer Center East (Involuntary Commitment)** 3400 W. Garland, Spokane (509) 325-2355

Spokane Addiction Recovery Centers (SPARC) 1403 W. 7th Ave., Spokane (509) 624-3251

Sun Ray Court Adult Male Branch (Long Term Men: 90 days) 518 S. Browne St., Spokane (509) 456-5465

Sundown Ranch (Youth Program: 28 days; Adult Program: 21 days) 2280 SR 821, Yakima (509) 457-0990 www.sundown.org

Teen Challenge Men's Center(Long Term Men: 1 Year, ages 18-80)2400 N. Craig Rd., Spokane(509) 224-5610www.teenchallengepnw.com

### **OUTPATIENT TREATMENT**

 Abstemious Outpatient Clinic, Inc.

 59 E. Queen Suite 108., Spokane
 (509) 326-7721

 10525 E. Main, Spokane Valley
 (509) 927-7814

 Adept Assessment-Treatment Center

 1321 N. Ash St., Spokane
 (509) 327-3120

 104 W. Crawford, Deer Park
 (509) 276-2797

Assessment and Treatment Associates 515 W. Francis Ave. Suite 6., Spokane (877) 479-5993

At Parr Outpatient Services 124 E Augusta Suite 100., Spokane (509) 325-0777

**CAMAS Institute (Kalispel Tribe of Indians)** 934 S. Garfield Rd., Airway Heights (509) 789-7630

Colonial Clinic 910 N. Washington St. Suite 210., Spokane (509) 327-9831 www.colonialclinic.com

Daybreak of Spokane Outpatient Program for Youth E 10814 Broadway Spokane Valley (509) 927-1991 960 E. 3rd Ave., Spokane (509) 444-7033

Gateway Counseling Services701 E 3rd Ave. Suite 101, Spokane(509) 532-8855www.gatewaycounseling.net

Lakeside Recovery Center Suboxone Program 3710 N. Monroe St., Spokane, WA (509) 328-5234 www.lakesiderecoverycenter.com

The NATIVE Project1803 W. Maxwell, Spokane(509) 325-5502www.nativeproject.org

**New Horizon Counseling Services Outpatient** 504 E. 2nd Ave., Spokane (509) 838-6092 15407 E. Mission Ave., Spokane Valley (509) 927-1543

North East Washington Treatment Alternatives (NEWTA, SAAM, TASC) (509) 326-7740 1224 N. Ash, Spokane <u>www.newta.org</u> Serenity Outpatient Services, LLC 1717 W. Northwest Blvd, Spokane, WA (509) 325-0777

STEPPS YFA Connections 901 E. 2nd Ave. Suite 100, Spokane (509) 532-2000 22 S. Thor St., Spokane (509) 532-2000 www.yfaconnections.org/chemical.html

Social Treatment Opportunity Programs II Inc Drug and Alcohol Treatment/Misc Services 628 N. Monroe St., Spokane, WA (509) 326-5172

Veterans Affairs Medical Center Substance Abuse Treatment Program 4815 N. Assembly Dr., Spokane (509) 434-7014

#### **DETOX & OPIATE SPECIFIC HELP**

#### **Gateway Counseling**

*Outpatient Suboxone Treatment* 140 S. Arthur St.- Suite 505, Spokane (509) 532-8855

New Vision at Providence Holy Family Hospital Acute Drug and Alcohol Withdrawal 5633 N. Lidgerwood St., Spokane (509) 252-6488

Spokane County Community Detox Services Acute Detoxification (non-medically assisted) 312 W. 8th Ave., Spokane (509) 477-4620

#### **Spokane Regional Health District**

Methadone Maintenance Treatment (MMT) 1101 W. College Ave., Spokane (509) 324-1420

#### THERAPEUTIC DRUG COURT

**Spokane County Adult Therapeutic Drug Court** *Rik Wallis, Public Defender* (509) 477-4842